# LCLD 2019 Fellows Second Meeting Agenda

Hilton National Mall | Washington, D.C. | September 23-25, 2019

#### Monday, September 23, 2019

**2:00 - 3:00 PM**L'Enfant Ballroom

Foyer

Registration

3:00 - 3:15 PM

L'Enfant Ballroom

Welcome & Opening Remarks

Nichole Velasquez, Fellows Program Manager, LCLD

**3:15 - 5:15 PM** L'Enfant Ballroom Just Belonging: How to Have Courageous Conversations on Race and Bias

Kori Carew, Chief Inclusion & Diversity Officer, Seyfarth Shaw LLP

Building off the TEDx talk, "Just Belonging: Choosing Courage to Interrupt Bias and Racism," this session will be focused on skills and techniques attorneys from under-represented groups can use to navigate the workplace to drive their career, manage their experiences, and be part of cultivating inclusion and belonging. We will unpack what courage looks like and how to choose to create and experience a belonging and inclusion that is just.

**5:30 - 6:30 рм** Gallery Ballrooms I-IV What's Working Breakouts

**7:00 - 10:30 рм** Off Site Welcome Reception with LCLD Members

Hosted by the LCLD Board of Directors at the National Portrait Gallery, located at 8th and F Streets, NW, Washington, D.C. 20001.

## Tuesday, September 24, 2019

8:30 - 9:30 AM

**Breakfast** 

L'Enfant Ballroom

9:30 AM - 12:00 PM

**Group Networking Exercise**Meet first in L'Enfant Ballroom.

**12:00 - 1:15 PM**Solarium

Various Rooms

**Networking Lunch** 

**1:15 - 3:15 PM**L'Enfant Ballroom

Resilience—The Key to Moving from Surviving to Thriving
John Mitchell, "The Purple Coach" and Owner, KM Advisors, LLC

Have you noticed that there are some people who repeatedly bounce back from seeming disasters and continue to shine? In the last couple of decades,

## Tuesday, September 24, 2019 (Continued)

there has been a surge in research into the psychology of resilience and achievement. This session will help Fellows learn how to manage their thinking, beliefs, and behaviors to increase their personal level of resilience and constantly move to toward a state of thriving.

3:15 - 4:00 PM

**Group Photo & Snack Break** 

4:00 - 6:00 PM

Messaging and Presence

L'Enfant Ballroom Chris De Santis, Specialist in Management and Organization Development

In this session, we will explore what it means to have "presence" and how we can prime ourselves to project it in a manner that's true to who we are. We will deconstruct presence and look at the traits and behaviors that lead people to say that you have it. And yet, we cannot live by presence alone—we need to be interested in and interesting to others. Having something to say, that begs further inquiry, allows us to share who we are and, in turn, learn more about those to whom we are saying it. This experiential presentation explores both what we say and how we say it.

6:30 PM

**Dine-Arounds** 

Meet in the Lobby

Dine-Arounds are at the Fellows' expense. Please meet in the lobby of the Hilton National Mall 30 minutes prior to your reservation time.

### Wednesday, September 25, 2019

8:30 - 9:30 AM

L'Enfant Ballroom

Breakfast

**9:30 - 11:15 AM** L'Enfant Ballroom Feedback and Accountability Matters

Mary E. Abbajay, President & Co-Founder, Careerstone Group, LLC

Giving effective feedback and holding conversations of accountability are critical skills for supervisors, managers, and leaders. Providing feedback that can be "heard" and utilized by the receiver requires the development and cultivation of very specific communication skills. Conducting conversations of accountability are essential for creating high performance workplaces and cultures. When done effectively, these conversations create a powerful force that improves performance, bolsters productivity, and helps individuals develop their talents, build confidence, and become world-class performers.

11:15 - 11:30 AM

**Closing Remarks** 

L'Enfant Ballroom Nichole Velasquez, Fellows Program Manager, LCLD

11:30 AM

Snacks To Go

L'Enfant Ballroom Foyer

